Excellent dementia care at Kingston Hospital

Our Dementia Strategy 2014-2017

Health Overview Panel
20th March 2014
The scale of the challenge 2014 - 2017

UK total: 800,000
- England: 665,065
- Wales: 44,598
- N. Ireland: 18,862

40-64 years: 1 in 1,400
65-69 years: 1 in 100
70-79 years: 1 in 25
80+ years: 1 in 6

In Kingston:
- 8% of the Borough of Kingston have dementia at this moment.
- 36% of people with dementia are undiagnosed.
- Risk of dying during admission for >70’s.
- Without dementia: 8%
- With dementia: 85%

48% of inpatients >75 at KHFT have confirmed or suspected dementia.

Two thirds of people with dementia are women.
One in three people over 95 will develop dementia.

Excellent dementia care at Kingston Hospital.
Developing our strategy

- **We surveyed** — patients, carers, staff, stakeholders
- **Undertook best practice reviews** — national & international
Developing our strategy

September 2013 – Conference -
200 people - from carers of our patients,
to staff from all parts of the hospital, local health
partners and the Department of Health came together
to design a vision for excellent care of people with
dementia at Kingston Hospital.

See our conference video on You tube:
https://www.youtube.com/watch?v=KTYM9z5LhnU&list=UUMXojyYpqvXdACnmb
9_xjKQ&feature=c4-overview
Our Vision

To provide consistently excellent dementia care at Kingston Hospital

Illustrations inspired by group discussions during the morning and afternoon sessions at the Kingston Hospital Dementia conference, as drawn on the day.
5 Key Areas of Focus 2014-17

- **Positive relationships of care** – ensuring we have a culture of excellent, compassionate care provided by staff who are confident in their roles to deliver this.

- **Involved and supported carers** – ensuring a culture that always involves and engages carers as partners in care, where carers are actively welcomed and invited into this role and their changing needs are actively addressed.

- **Active days and calm nights** – enabling patients to maintain their rituals and routines despite being in hospital and supporting patients to engage in meaningful activities to encourage social engagement, maintenance of function and recovery.

- **Environments of care** – creating a truly dementia friendly hospital site with secure, safe, homely and comfortable social and therapeutic environments that facilitate all types of functioning.

- **Early diagnosis, excellent clinical treatment and care** – ensuring we diagnose dementia and delirium at the right time, in the right place and provide the right support afterwards.

Kingston Hospital
NHS Foundation Trust
A flavour of Year 1 (Feb 2014-Apr 2015)

• Commence programme of creating dementia friendly environments including social & therapeutic spaces in wards
• Therapeutic activity co-ordinator in place
• Plan and create our forget me-knot garden & carers hub collocated with our medical wards – through fundraising & volunteering
• Information packs for carers & carers policy
• Expanding our volunteer dining companions programme
• Create Specialist Dementia volunteer role
• Memory boxes in all wards/departments
• Expansion of staff training
    .....and much more
Thank-you